

RATE YOUR SMILE

An American Academy of Cosmetic Dentistry survey reveals that 92% of respondents say an attractive smile is an important social asset, while 74% believe and unattractive smile can hurt a person’s chances for career success. Whether your smile needs minor improvements or more extensive improvements, your dentist can help.

1. Rate your smile on a scale of 1-10, with 10 being the best:

1 2 3 4 5 6 7 8 9 10
 HELP!!-----PERFECT!!

2. If you feel your smile is less than perfect, how does this affect you?

- I rarely smile.
- I smile less than I would like.
- I smile a lot even though my smile is less than perfect.
- My imperfect smile hurts my self confidence.
- My imperfect smile does not bother me.
- Other, please explain: _____

3. Are you worried what other people think about your smile:

- Yes, I always worry about what others think about my smile.
- Yes, I sometimes worry about what others think about my smile.
- Yes, but I rarely worry about what others think about my smile even though my smile could use improvement.
- No, I don’t worry about it.

4. How do you think that having a perfect smile would improve your life?

(check all that apply)

- I would smile more often.
- I would feel better about myself
- I would have more confidence with friends, family and on the job.
- My oral, health would improve and be easier to maintain.
- Other, please explain: _____

5. What would you like to improve about your smile? (check all that apply)

- I would like whiter, brighter teeth.
- I would like to get rid of gaps between teeth.
- I would like to repair chipped or broken teeth.
- I would like to replace missing teeth.
- I would like to straighten my teeth.
- I would like to improve my oral health routine.

6. Do you ever have any tooth pain or discomfort?

If yes, please explain? _____

When was the last time you had a oral cancer exam? _____ Date of last cleaning? _____

What is the most important thing to you about your dental visit today? _____